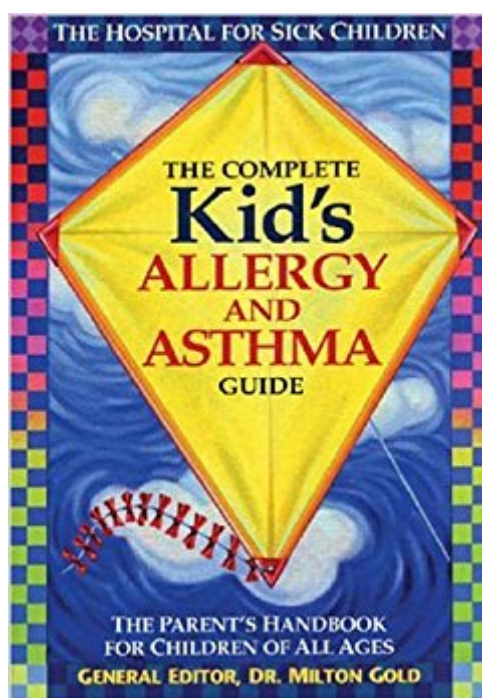


The book was found

The Complete Kid's Allergy And Asthma Guide: Allergy And Asthma Information For Children Of All Ages



Synopsis

Medically-proven strategies for parents and caregivers. The Complete Kid's Allergy and Asthma Guide gives parents a comprehensive, authoritative guide with common-sense guidelines, recommendations and tips on dealing with the asthmatic condition and the multiple allergic problems of children. Developed in collaboration with The Hospital for Sick Children, this book provides the most up-to-date, expert advice available, with easy-to-read information about every aspect of allergy and asthma. The guide includes:

- The most common types of allergic problems
- How an allergy or asthma develops
- How to minimize allergic reactions
- How to avoid allergens and irritants
- How to prevent a child's asthma from getting worse
- How to prepare for an emergency

For a child who has not yet received a medical diagnosis, The Complete Kid's Allergy and Asthma Guide provides parents with vital information on how to read the signs of allergy and asthma -- from keeping a food diary, to monitoring asthma symptoms, to tracking allergic reactions. A record of these observations is crucial to isolating a child's allergy and asthma triggers. This comprehensive guide offers daily coping strategies (how to check food labels, managing social situations, traveling tips), as well as dealing with more serious aspects of preparing for and handling severe allergic and asthmatic reactions.

Book Information

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Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #3,964,356 in Books (See Top 100 in Books) #26 in [Books > Health, Fitness & Dieting > Children's Health > Asthma](#) #83 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Asthma](#) #121 in [Books > Health, Fitness & Dieting > Children's Health > Allergies](#)

Customer Reviews

Thorough guide... simple language, with a well designed, easy-to-read format. Written by allergy experts. (Jodi Forschmiedt Dallas Child) This book is highly recommended for all parents if their child

has allergies and for hospital and public libraries. (Betsy Kraus American Reference Books Annual, Volume 35) Information is ammunition in the fight against chronic allergic disorders. (Laurie Smith Anderson Baton Rouge Advocate 2003-12-09) This guidebook is filled with information on the latest medications, testing methods, most common allergic conditions and how to diagnose them, as well as helpful tips. (Anne E. Stein Chicago Tribune 2004-03-28)

General Editor, Dr. Milton Gold, MD, FRCP(C) is an allergy and asthma specialist at The Hospital for Sick Children.

How will a parent know if a rash or reaction is due to a flu, an insect sting, or a more serious allergy? The Complete Kid's Allergy and Asthma Guide: The Parent's Handbook for Children of All Ages provides parents with a handbook for all ages, including food allergies, airborne allergies, and insect allergies among its quick reference lists of symptoms and treatment options. An essential home guide, this should be in every parent's health library.

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